



QWA League & Masters League, Round 1
 Toowoomba Weightlifting Association, Toowoomba Qld
 14th February 2009

Points are calculated as the percentage of World Record Total relative to bodyweight category plus bonus points for equal or new personal best lifts and 6 successful attempts; less penalty points for lifts more than 5kg below personal best.

Division 1

Name	Born	Club	Bwt	Snatch	C & J	Total	Bonus	Points
Mitch Barnaba	86	Cougars	89.00	114	153	267	17	81.806
Scott Clark	91	Sunshine Coast	61.40	80	110	190	3	61.282
Michelle Kahi	94	Cougars	64.20	65	85	150	7	59.448
Nathan Kahi	92	Cougars	69.60	89	120	209	2	57.438
Melissa Robinson	81	Honeybadgers	56.60	61	80	141	-1	55.175
Bowen Stuart	86	Toowoomba	78.30	96	112	208	1	53.792
Peter Foster	67	Cougars	107.20	110	125	235	-12	37.788

Division 2

Name	Born	Club	Bwt	Snatch	C & J	Total	Bonus	Points
Kirsten Wu	93	Cougars	51.30	49	62	111	7	56.115
David Hockins	91	Toowoomba	57.10	70	93	163	5	55.000
Paul McClure	72		75.80	87	101	188	5	54.867
Christine Meier	83	Cougars	62.20	54	64	118	7	52.914
Darryl Hockins	88	Toowoomba	66.90	77	100	177	0	49.580
Bianca Sheppard	92	Toowoomba	58.00	61	64	125	-8	41.801

Division 3

Name	Born	Club	Bwt	Snatch	C & J	Total	Bonus	Points
Zack Tuckey	86	Cougars	80.30	83	103	186	21	68.208
Angus Takahashi	92	Sunshine Coast	92.00	73	95	168	13	53.777
Sam Baumann	92	Cougars	54.80	53	72	125	11	51.984
Bonnie Sleeman	93	Cougars	79.40	53	67	120	13	49.810
Daniel McCallum	92	Toowoomba	72.80	70	83	153	9	49.584
Tim Steele	68	Sunshine Coast	92.60	70	85	155	7	44.621
Kelsey Swift	94	Cougars	59.30	46	58	104	0	40.467
Steven Matthews	54	Toowoomba	75.30	53	82	135	1	36.809
Kim Hanssen	86	Cougars	63.50	45	60	105	0	36.713
Lisa Souter	73	Cougars	52.40	45	64	109	-12	36.230
Bob Henderson	43	Sunshine Coast	74.60	57	77	134	-2	33.544
Alex Maskiell	86	Cougars	85.40	72	95	167	-9	31.534
Lawrie Townsend	51	Honeybadgers	78.40	55	85	140	-9	26.533

Division 4

Name	Born	Club	Bwt	Snatch	C & J	Total	Bonus	Points
Kevin Blake	60	Cougars	107.70	103	132	235	6	55.788
Bronwyn Hitchener	62	Toowoomba	73.10	40	50	90	21	52.469
Mitch Thurlow	92	Cougars	119.10	73	95	168	11	46.593
Laurence Reilly	89	Gold Coast	54.50	58	75	133	0	43.607
Christine Bayne	64	Cougars	76.80	38	50	88	15	41.994
Kirsty Burke	68	Cougars	70.20	32	45	77	12	38.923
Matt Stopel	90	Gold Coast	118.60	77	100	177	0	37.500
Jake Ratcliffe	94	Toowoomba	62.80	46	53	99	6	33.731
Kara Stuart	94	Toowoomba	44.60	30	33	63	4	33.032
Aaron Sym	95	Sunshine Coast	59.70	35	47	82	7	32.153
Emma Hitchener	92	Toowoomba	64.50	30	40	70	6	30.476
Valerie Silver	49	Cougars	62.40	28	40	68	1	27.459
Leandra Miscamble	56	Honeybadgers	62.70	27	43	70	-2	25.237
Vicki Brady	43	Cougars	52.20	26	29	55	0	24.336
Lesley Moyle	45	Honeybadgers	55.90	24	34	58	-4	19.108
Joshua Wu	96	Cougars	37.00	18	21	39	6	18.787
Julie Davis	52	Honeybadgers	47.30	20	34	54	-8	16.885
Sue Cox	61	Honeybadgers	62.00	37	---	---	0	14.397
Justin Bennett	89	Toowoomba	87.00	50	64	114	6	Guest
Ben Quarrell	73	USQ	113.60	90	110	200	0	Guest

Referees: Debra Keelan (Cat I); Greg Hobl (National); Vicki Brady (National);
Kathleen Harden (National); Melissa Turnbull (State); Julie Davis (State);
Greg Baumann (State); Lee Hughes (Club); Barry Hockins (Club).

Time Keepers: Lee Hughes; Julie Davis; Greg Baumann.

M.C: Ian Moir; Mike Keelan; Debra Keelan.

Masters League

Points are calculated as the percentage of World Record Total relative to bodyweight category multiplied by the Malone Meltzer age coefficient, plus 6 Bonus points for six successful attempts

Name	Born	Club	Bwt	Sn	C& J	Total	Bonus	Score
Men								
Kevin Blake	60	Cougars	107.70	103	132	235	6	67.439
Bob Henderson	43	Sunshine Coast	74.60	57	77	134	0	59.394
Peter Foster	67	Cougars	107.20	110	125	235	0	57.655
Lawrie Townsend	51	Honeybadgers	78.40	55	85	140	6	57.487
Paul McClure	72		75.80	87	101	188	0	54.854
Tim Steele	68	Sunshine Coast	92.60	70	85	155	6	49.152
Steven Matthews	54	Toowoomba	75.30	53	82	135	0	48.342
Ben Quarrell	73	USQ	113.60	90	110	200	0	Guest
Women								
Lisa Souter	73	Cougars	52.40	45	64	109	0	52.426
Vicki Brady	43	Cougars	52.20	26	29	55	6	46.666
Bronwyn Hitchener	62	Toowoomba	73.10	40	50	90	6	44.297
Valerie Silver	49	Cougars	62.40	28	40	68	0	39.927
Lesley Moyle	45	Honeybadgers	55.90	24	34	58	0	37.157
Julie Davis	52	Honeybadgers	47.30	20	34	54	0	35.262
Leandra Miscamble	56	Honeybadgers	62.70	27	43	70	0	35.218
Christine Bayne	64	Cougars	76.80	38	50	88	0	32.258
Kirsty Burke	68	Cougars	70.20	32	45	77	0	30.881
Sue Cox	61	Honeybadgers	62.00	37	Withdrew	---	0	17.651

Queensland Masters Records

Name	Cat	Lift	Weight	Age Group
Kevin Blake	+105kg	Snatch	95	45 – 49 years
Kevin Blake	+105kg	Snatch	100	45 – 49 years
Kevin Blake	+105kg	Snatch	103	45 – 49 years
Kevin Blake	+105kg	Cl & Jk	120	45 – 49 years
Kevin Blake	+105kg	Cl & Jk	125	45 – 49 years
Kevin Blake	+105kg	Cl & Jk	132	45 – 49 years
Kevin Blake	+105kg	Total	223	45 – 49 years
Kevin Blake	+105kg	Total	228	45 – 49 years
Kevin Blake	+105kg	Total	235	45 – 49 years
Lisa Souter	53kg	Snatch	45	35 – 39 years
Lisa Souter	53kg	Cl & Jk	58	35 – 39 years
Lisa Souter	53kg	Cl & Jk	62	35 – 39 years
Lisa Souter	53kg	Cl & Jk	64	35 – 39 years
Lisa Souter	53kg	Total	103	35 – 39 years
Lisa Souter	53kg	Total	107	35 – 39 years
Lisa Souter	53kg	Total	109	35 – 39 years
Valerie Silver	63kg	Snatch	25	60 – 64 years
Valerie Silver	63kg	Snatch	28	60 – 64 years
Valerie Silver	63kg	Cl & Jk	35	60 – 64 years
Valerie Silver	63kg	Cl & Jk	40	60 – 64 years
Valerie Silver	63kg	Total	63	60 – 64 years
Valerie Silver	63kg	Total	68	60 – 64 years



Name	Cat	Lift	Weight	Age Group
Kirsty Burke	75kg	Snatch	32	40 – 44 years
Kirsty Burke	75kg	Cl & Jk	42	40 – 44 years
Kirsty Burke	75kg	Cl & Jk	45	40 – 44 years
Kirsty Burke	75kg	Total	74	40 – 44 years
Kirsty Burke	75kg	Total	77	40 – 44 years
Bronwyn Hitchener	75kg	Snatch	36	45 – 49 years
Bronwyn Hitchener	75kg	Snatch	40	45 – 49 years
Bronwyn Hitchener	75kg	Cl & Jk	48	45 – 49 years
Bronwyn Hitchener	75kg	Cl & Jk	50	45 – 49 years
Bronwyn Hitchener	75kg	Total	85	45 – 49 years
Bronwyn Hitchener	75kg	Total	88	45 – 49 years
Bronwyn Hitchener	75kg	Total	90	45 – 49 years