



QWA League & Masters League, Round 1
 Cougars Weightlifting Club, Chandler Qld
 12th February 2011

Points are calculated as the percentage of World Record Total relative to bodyweight category plus bonus points for equal or new personal best lifts and 6 successful attempts; less penalty points for lifts more than 5kg below personal best.

Division 1

Name	Born	Club	Bwt	Snatch	C & J	Total	Bonus	Points
John Walz	1987	Cougars	90.15	132	162	294	11	82.359
Scott Clark	1991	Sunshine Coast	61.30	94	110	204	4	66.577
Erika Yamasaki	1987		55.00	73	93	166	0	66.135
Christian Hopper	1985	North Brisbane	87.35	110	128	238	4	61.767
Sam Baumann	1992	Cougars	62.95	74	105	179	2	52.000
Bianca Sheppard	1992	Toowoomba	58.00	62	72	134	-3	50.386
Luke Gardner	1988	Cougars	104.35	117	152	269	-14	47.697

Division 2

Name	Born	Club	Bwt	Snatch	C & J	Total	Bonus	Points
Linzey Beister	1984	Cougars	93.45	95	130	225	21	75.612
Jonathan Pakchung	1993	Cougars	78.75	92	110	202	21	72.269
Steven Eadie	1988	Cougars	83.65	85	110	195	10	59.492
Jake Ratcliffe	1994	Toowoomba	74.65	75	103	178	6	53.090
John Yamasaki	1984		82.25	75	105	180	6	51.685
Rodney Carr	1973	Sunshine Coast	108.30	105	120	225	3	50.669
Jenny Butler	1973	North Brisbane	69.00	62	76	138	0	48.252
Darryl Hockins	1988	Toowoomba	69.00	80	100	180	-11	39.279
Peter Foster	1967	Cougars	106.30	105	122	227	-9	39.093
Bonnie Sleeman	1993	Cougars	79.10	60	76	136	-3	38.718
Lisa Souter	1973	Toowoomba	53.20	47	65	112	-7	37.622
Diana Loy	1965	North Brisbane	60.80	50	72	122	-14	33.471
Barry Harden	1959	Sunshine Coast	92.95	82	100	182	-14	30.175

Division 3

Name	Born	Club	Bwt	Snatch	C & J	Total	Bonus	Points
Mal Irwin	1953		92.25	84	104	188	13	58.631
Matt Skinner	1990	USQ	102.25	82	106	188	9	52.119
Tegan Napper	1986	Cougars	48.60	40	51	91	12	51.565
Norman Hanna	1981	North Brisbane	76.05	67	96	163	8	51.122
Korey Watson-Watt	1996	Cougars	54.60	55	60	115	11	48.705
Stacy Koh	1985	Cougars	74.30	56	70	126	3	45.712
John Hanlon	1966	Cougars	93.20	71	95	166	0	40.291
Emma Hitchener	1992	Toowoomba	62.45	38	52	90	0	35.019
Kara Stuart	1994	Toowoomba	52.75	40	51	91	-7	32.565
Trevor Walz	1952	Sunshine Coast	86.50	60	80	140	-3	30.981
Tim Steele	1968	Sunshine Coast	96.00	58	90	148	-5	28.945
Aaron Sym	1995	Sunshine Coast	70.95	55	75	130	-7	27.392



Division 4

Name	Born	Club	Bwt	Snatch	C & J	Total	Bonus	Points
Erin Haske	1983	Cougars	62.30	42	54	96	19	56.354
Nathan Gill	1994	Sunshine Coast	83.45	70	80	150	15	53.071
Joshua Wu	1996	Cougars	49.35	48	68	116	14	52.033
James Pakchung	1993	Cougars	70.20	55	60	115	21	51.423
Meg Emerton	1953	Cougars	57.75	35	45	80	18	49.873
Alan McMenamin	1969	Cougars	118.80	64	75	139	20	49.449
James Norman	1996	Cougars	48.30	44	64	108	13	48.410
Riley Pollard	1996	Cougars	111.50	71	80	151	15	46.992
Sue Cox	1961	North Brisbane	67.40	42	52	94	11	43.867
Anna Ryan	1975	Cougars	54.75	37	49	86	9	43.263
Tim Hitchener	1997	Toowoomba	75.00	43	55	98	11	36.926
Beth Tolputt	1996	Sunshine Coast	59.05	25	30	55	14	35.401
Nathaniel White	1984	Cougars	82.20	45	65	110	6	33.919
Julie Davis	1952	North Brisbane	52.90	25	36	61	6	32.522
Michael Thomas	1982	Cougars	69.20	40	60	100	6	32.455
Leandra Miscamble	1956	Cougars	68.00	31	47	78	4	31.273
Andrew Adams	1995	Sunshine Coast	75.25	50	60	110	-1	28.101
Ross Brown	1977	North Brisbane	70.65	42	63	105	0	27.778
Caitlyn Feurer	1996	Cougars	51.70	19	26	45	7	26.565
Michelle Kinnane	1971	North Brisbane	62.15	32	46	78	-8	22.350
Bob Henderson	1943	Sunshine Coast	75.20	50	70	120	-11	20.746
Lesley Moyle	1945	North Brisbane	58.25	28	39	67	-6	20.070
Harry Grzes	1956	Cougars	118.35	55	70	125	-10	16.483
Ben Grzes	1950	Cougars	124.30	51	50	101	-8	13.398
Valerie Silver	1949	Cougars	64.15	27	35	62	-11	10.678

Referees: Shokr Fallah (Cat I); Ian Moir (Cat I); Kylie Booth (Cat I); Keith Forbes (National); John Hanlon (National); Diana Loy (State); Julie Davis (State); Trevor Walz (Club); Deb Oliver (Club); Alex Croot (Club); Lesley Moyle (Club); Jemmy Butler (Club); Wendy PakChung (Club);

Time Keepers: Kathleen Harden; Lesley Moyle; Keith Forbes; Jenny Butler.

M.C: Mike Keelan; Paul Wheeler; Ian Moir.

New Queensland Records

Name	Category	Lift	Weight	Age Group
Erika Yamasaki	58kg	Snatch	73	Open
Erika Yamasaki	58kg	Cl & Jk	93	Open
Erika Yamasaki	58kg	Total	166	Open
John Walz	94kg	Snatch	132	Open
John Walz	94kg	Total	294	Open
Joshua Wu	50kg	Snatch	48	Youth
Joshua Wu	50kg	Cl & Jk	68	Youth
Joshua Wu	50kg	Total	116	Youth
Jake Ratcliffe	77kg	Cl & Jk	103	Youth
Joshua Wu	50kg	Snatch	48	Under 15
Joshua Wu	50kg	Cl & Jk	68	Under 15
Joshua Wu	50kg	Total	116	Under 15
Riley Pollard	+94kg	Snatch	71	Under 15
Riley Pollard	+94kg	Cl & Jk	80	Under 15
Riley Pollard	+94kg	Total	151	Under 15
Sue Cox	69kg	Snatch	42	50 – 54 Years
Sue Cox	69kg	Cl & Jk	52	50 – 54 Years
Sue Cox	69kg	Total	94	50 – 54 Years
Meg Emerton	58kg	Snatch	35	55 – 59 Years
Meg Emerton	58kg	Cl & Jk	45	55 – 59 Years
Meg Emerton	58kg	Total	80	55 – 59 Years
Leandra Miscamble	69kg	Snatch	31	55 – 59 Years
Leandra Miscamble	69kg	Cl & Jk	47	55 – 59 Years
Leandra Miscamble	69kg	Total	78	55 – 59 Years
Lesley Moyle	63kg	Snatch	28	65 – 69 Years
Lesley Moyle	63kg	Cl & Jk	39	65 – 69 Years
Lesley Moyle	63kg	Total	67	65 – 69 Years
Ben Grzes	+105kg	Snatch	51	60 – 64 Years

New Australian Records

Name	Category	Lift	Weight	Age Group
Joshua Wu	50kg	Cl & Jk	68	Youth
Joshua Wu	50kg	Total	116	Youth
Joshua Wu	50kg	Snatch	48	Under 15
Joshua Wu	50kg	Cl & Jk	68	Under 15
Joshua Wu	50kg	Total	116	Under 15
Riley Pollard	+94kg	Snatch	71	Under 15

Masters League

Points are calculated as the percentage of World Record Total relative to bodyweight category multiplied by the Malone Meltzer age coefficient, plus 6 Bonus points for six successful attempts

Name	Born	Club	Bwt	Sn	C& J	Total	Bonus	Score
Men								
Mal Irwin	1953		92.25	84	104	188	6	72.119
Peter Foster	1967	Cougars	106.30	105	122	227	6	62.894
Bob Henderson	1943	Sunshine Coast	75.20	50	70	120	0	56.571
Trevor Walz	1952	Sunshine Coast	86.50	60	80	140	6	56.291
Barry Harden	1959	Sunshine Coast	92.95	82	100	182	0	55.439
Rodney carr	1973	Sunshine Coast	108.30	105	120	225	0	53.056
John Hanlon	1966	Cougars	93.20	71	95	166	0	48.148
Tim Steele	1968	Sunshine Coast	96.00	58	90	148	6	45.716
Alan McMenamin	1969	Cougars	118.80	64	75	139	6	40.102
Harry Grzes	1956	Cougars	118.35	55	70	125	0	35.752
Ben Grzes	1950	Cougars	124.30	51	50	101	0	32.868
Women								
Diana Loy	1965	North Brisbane	60.80	50	72	122	0	57.297
Jenny Butler	1973	North Brisbane	69.00	62	76	138	0	53.704
Meg Emerton	1953	Cougars	57.75	35	45	80	6	52.183
Lisa Souter	1973	Toowoomba	53.20	47	65	112	0	49.664
Sue Cox	1961	North Brisbane	67.40	42	52	94	6	46.854
Julie Davis	1952	North Brisbane	52.90	25	36	61	6	45.252
Lesley Moyle	1945	North Brisbane	58.25	28	39	67	0	43.563
Leandra Miscamble	1956	Cougars	68.00	31	47	78	6	42.818
Anna Ryan	1975	Cougars	54.75	37	49	86	0	37.244
Michelle Kinnane	1971	North Brisbane	62.15	32	46	78	0	34.478
Valerie Silver	1949	Cougars	64.15	27	35	62	0	33.840